


Troeon Trên · Wales Rail



Guided Walks from Railway Stations

*Aberdyfi · Bucknell · Chester · Chirk
Craven Arms · Dolau · Gobowen · Ludlow
Llandrindod · Llangynllo · Machynlleth
Newtown · Shrewsbury · Welshpool*



OCTOBER 1993 - MAY 1994

Croeso i Gymru!

Welcome to Wales'

IT'S STILL POSSIBLE to visit the countryside by train, and it needn't cost you an arm and a leg! The Ramblers' Association and Regional Railways have joined forces to offer you guided walks from and to a choice of 17 different stations in Wales and the Marches - all within easy reach of Shrewsbury (with connections from Wolverhampton and Crewe).

Every other Saturday from 9th October 1993 onwards (except Christmas Day), experienced leaders will be on hand to take you on a walk of between 6 and 12 miles, finishing in good time to catch your train home.

On some days there will be a choice of two walks, on others just one (see programme on the following pages). Altogether in the present programme there are 22 walks and two town tours to choose from, and we hope there will be more to follow next year.

Walks are graded "easy", "moderately easy", "moderate", "moderately strenuous" and "strenuous". If you are unused to walking we recommend trying an easy one first. You can always go on to more strenuous ones later!

Our volunteer leaders give their services free of charge, and the day out need cost you nothing apart from your train fare.

**PLEASE REMEMBER TO WEAR STRONG
BOOTS OR SHOES, AND TO BRING FOOD,
DRINK AND WATERPROOF CLOTHING**

DOES DIM ANGEN atgoffa'r Cymro (neu Gymraes) alltud am harddwch yr hen wlad. Mae Powys wedi ei nabod ers mil o flynyddoedd fel "Paradwys Cymru", ac mae'r teitl yr un mor haeddiannol heddiw ag yn y nawfed ganrif.

Ceir golygfeydd bendigedig yng Nghlwyd hefyd ac yn Sir Amwythig (oedd yn rhan o Gymru ers talwm, fel mae enw sawl pentref a bryn ac afon yn dangos).

Bob yn ail ddydd Sadwrn o 9 Hydref 1993 ymlaen (ac eithrio dydd Nadolig), bydd aelodau o Gymdeithas y Cerddwyr wrth law mewn gorsafoedd penodedig (gweler y rhaglen ar y tudalennau canlynol) i fynd â chi am dro rhwng 6 a 12 milltir. Ar rai dyddiau fe fydd dewis o ddwy daith, un fer ac un dipyn yn hwy. At ei gilydd, mae 'na ddewis o 22 o deithiau yng nghefn gwlad, a dwy yn nhrefi hanesyddol Amwythig a Chaer.

Mae'r teithiau'n agored i bawb (yn ddi-dâl heblaw'r tocyn trên), ond cofiwch ddod â bwyd, diod, côt law ac esgidiau cryfion!

Rhaglen Teithiau Cerdded • Walks Programme

9th edref 1993 - 28 Mai 1994 • 9th October 1993 - 28th May 1994

SATURDAY 9th OCTOBER 1993

BUCKNALL to KNIGHTON (8½ miles moderate). "Wales Rail" by courtesy (most of it's in Shropshire). Climbing to Stowe Hill (1377 ft), then via Five Turnings and a fine stretch of Offa's Dyke to Knighton. Leaders Bob Dark and John Massey. Book to Knighton, alight at Bucknell. Return from Knighton 1723.

SATURDAY 23rd OCTOBER 1993

(1) WELSHPOOL circular via Y GOLFA (8½ miles easy). Its fine views make this one of our most popular walks. Outward via Lower Llanerch-y-ddol and Tan-y-Clawdd, back along the ridge. Leaders Jack Price and Alan Howard. Book to and alight at Welshpool. Return 1652.

(2) NEWTOWN to WELSHPOOL (14 miles strenuous), through the lovely Severn valley to Belan, then through the grounds of Powis Castle. Leaders John Youens and Alan Smith. Book to and alight at Newtown. Return from Welshpool 1652.

SATURDAY 6th NOVEMBER 1993

(1) GOBOWEN to CHIRK (10 miles moderately strenuous). Via Brogyntyn Park to Baker's Hill, then a fine stretch of Offa's Dyke to Bronygarth and to Chirk via Dyffryn Ceiriog. Leaders Chris Jenkins and Jack Price. Book to Chirk, alight at Gobowen. Return from Chirk 1538.

(2) GOBOWEN to CHIRK (6½ miles easy). Via New Marton Lock and Shropshire Union Canal, finishing with an aqueduct and a tunnel. Leaders John Robinson and J. P. Book to Chirk, alight at Gobowen. Return from Chirk 1538.

SATURDAY 20th NOVEMBER 1993

LUDLOW circular via PRIOR'S HALTON (7½ miles easy). Lovely A. E. Housman country, with time to explore historic Ludlow at the end. Leaders Dennis Nisbet and Ray Knowles. Book to and alight at Ludlow. Return 1608.

SATURDAY 4th DECEMBER 1993

(1) NEWTOWN circular via KERRY RIDGEWAY (12 miles strenuous). One of our best walks, if you can resist the temptation to linger in Kerry village! Leaders Jack Price and John Youens. Book to and alight at Newtown. Return 1634.

(2) NEWTOWN circular via GARTH HILL (7½ miles easy). The second half (via Fachwen Pool) is even better than the first. Leaders Gwen and David Evans. Book to and alight at Newtown. Return 1634.

SATURDAY 18th DECEMBER 1993

LLANDRINDOD circular via CEFNLLYS CHURCH (6 miles easy). A gentle walk through lovely unspoilt scenery, with time to explore the spa town. Leaders Jack Price and J. P. Book to and alight at Llandrindod. Return 1644. **Please eat your lunch on the train.**

NADOLIG LLAWEN I BAWB!

A MERRY CHRISTMAS TO ALL OUR CUSTOMERS!

SATURDAY 8th JANUARY 1994

(1) CRAVEN ARMS to LUDLOW (11 miles strenuous). Via Stokesay Castle and Prior's Halton. More splendid views of A. E. Housman country. Leaders Jack Price and John Youens. Book to Ludlow, alight at Craven Arms. Return from Ludlow 1708.

(2) CRAVEN ARMS circular via WEO EDGE and STOKESAY (7½ miles moderately easy). If you put on weight over Christmas, here's a pleasant way to walk some of it off. Leaders Alan Howard and J. P. Book to and alight at Craven Arms. Return 1617.

SATURDAY 22nd JANUARY 1994

LLANGYNLLO to KNIGHTON (7 miles easy). A leisurely walk via Glyndŵr's Way, with time to look round the historic border town. Leaders Ray Knowles and Dennis Nisbet. Book to and alight at Llangynllo. Return from Knighton 1723.

SATURDAY 5th FEBRUARY 1994

(1) CHIRK circular via OFFA'S DYKE (8 miles easy). Something for everyone - a tunnel, an aqueduct, a river, Offa's Dyke and "Stonehenge". Leaders John Robinson and J. P. Book to and alight at Chirk. Return 1538.

(2) TOWN TOUR (on foot) of CHESTER. An intimate look round one of Europe's greatest tourist towns during the off season, with an experienced guide. Time for tea and shopping. Leader Alan Howard. Book to and alight at Chester. Return 1509 or 1709.

SATURDAY 19th FEBRUARY 1994

NEWTOWN circular via PLAS GREGYNOG (9 miles moderate). Through undulating country to a lovely old house and gardens. Powys County Council cleared the footpaths specially for this walk, so the least we can do is use them! Leaders Alan Smith and Ray Knowles. Book to and alight at Newtown. Return 1634.

SATURDAY 5th MARCH 1994

DOLAU to LLANDRINDOD (7 miles moderate). Last year's 10-mile ridge walk is not possible under the revised timetable, but we hope this one (via Rhos-swydd, Penybont and Alpine Bridge) will prove equally popular. Leaders Jack Price and Alan Smith. Book to Llandrindod, alight at Dolau. Return from Llandrindod 1644. **Please eat your lunch on the train.**

SATURDAY 19th MARCH 1994

(1) ABERDYFI circular (6 miles moderately easy). Up into the hills above the town for stunning estuary views and legends of bygone days. Leaders Ramblers' Association Meirionnydd Group. Book to and alight at Aberdyfi (Aberdovey). Return 1713.

(2) TOWN TOUR (on foot) of SHREWSBURY. Explore the secret places of this ancient town with an experienced guide. Leader Alan Howard. Tour starts from the station after arrival of 0857 departure from Wolverhampton and 0913 departure from Crewe, and finishes in time for tea and shopping.

Walks Programme continued.....

S. JRDAY 2nd APRIL 1994

WELSHPOOL circular via GUNGROG FAWR (9 miles moderate). Fine views along and across the Severn valley. Leaders Colin Pugh and Ray Knowles. Book to and alight at Welshpool. Return 1652.

SATURDAY 16th APRIL 1994

(1) CRAVEN ARMS to CHURCH STRETTON (10 miles moderately strenuous). Taking in part of Wenlock Edge, this is one of *Twenty Great Walks from British Rail* (Colin Speakman and Les Lumsdon). Leaders Jack Price and David Jones. Book to and alight at Craven Arms. Return from Church Stretton 1726.

(2) CRAVEN ARMS circular via SIBDON CASTLE (7 miles moderately easy). Plenty of time allowed for climbing Hopesay Hill (1000 ft) for the fine view. Leaders Norman Compston and Alan Smith. Book to and alight at Craven Arms. Return 1617.

SATURDAY 30th APRIL 1994

DOLAU circular via COWLOD and LLANDEGLEY (9 miles strenuous). Magnificent views make the climb to 1800 ft well worth the effort. Leaders Alan Smith and Chris Jenkins. Book to and alight at Dolau. Return 1656. **Please eat your lunch on the train.**

SATURDAY 14th MAY 1994

MACHYNLLETH circular via COPA SION and FELIN CREWI (9 miles moderate). Farmland, woodland, open hillside and a working 17th-century water mill. Leaders Ramblers' Association Dyfi Valley Group. Book to and alight at Machynlleth. Return 1552.

SATURDAY 28th MAY 1994

RUABON to WREXHAM via WAT'S DYKE and ERDDIG (9½ miles moderately easy). We hope you will like this addition to our walks repertoire. Erddig Park and house are well worth seeing, and Wrexham has one of the seven wonders of Wales. Leaders Chris Jenkins and Alan Howard. Book to Wrexham, alight at Ruabon. Return from Wrexham 1526 or 1726.

SATURDAY 11th JUNE 1994

The programme of walks from 11th June onwards is already in preparation. Please ask during May for a leaflet where you got this one, or send a stamped addressed envelope to: Hon. Organiser, Wales Rail, 4 Pant Cottages, Pant Lane, Marford, Wrexham, Clwyd, LL12 8SH.

Whilst every care will be taken to keep to the advertised walks programme, leaders reserve the right to make changes to suit weather conditions, the needs of the party or any unforeseen circumstances. Neither the Ramblers' Association nor Regional Railways can accept liability for any loss or injury suffered during the walks, however caused.

Enquiries about walks please ring 0743 359249

Train Times

"Wales Rail" uses ordinary service trains. There is not space to give full details here, but the following are departure times from Shrewsbury, Wolverhampton and Crewe. As timetables sometimes change, you are advised to check times before travelling.

DEPARTURE TIMES FROM SHREWSBURY

0822 for Welshpool, Newtown, Machynlleth, Aberdyfi M
0939 for Gobowen, Chirk, Ruabon, Chester
0945 for Craven Arms, Ludlow
1110 for Bucknell R, Llangynllo R, Dolau R, Llandrindod

DEPARTURE TIMES FROM WOLVERHAMPTON

0725 for Welshpool, Newtown, Machynlleth, Aberdyfi M
0857 for Gobowen, Chirk, Ruabon, Chester, Craven Arms S,
Ludlow S
0948 for Bucknell SR, Llangynllo SR, Dolau SR, Llandrindod S

DEPARTURE TIMES FROM CREWE

0731 for Welshpool S, Newtown S, Machynlleth S, Aberdyfi SM
0827 for Gobowen S, Chirk S, Ruabon S,
0913 for Craven Arms, Ludlow
0944 for Chester *
1014 for Bucknell SR, Llangynllo SR, Dolau SR, Llandrindod S

NOTES

M change at Machynlleth
S change at Shrewsbury
R request stop. To alight, inform conductor
* direct (arrive 1006) "Wales Rail" train arrives 1038

DEPARTURE TIMES OF RETURN TRAINS

These are given in the walks programme.

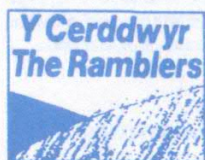
For full details (including times to and from intermediate stations) please consult BR timetables or ask at your nearest staffed station.

Fares

Fares are normal "Cheap Day Return" or "Supersaver" fares as available. Usual discounts for railcards. Children half fare. Parties of 10 or more travelling together can claim 25% reduction.

"Wales Rail" is organised by the Ramblers' Association (Cymdeithas y Cerddwyr) with assistance from Regional Railways and Powys County Council.

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